

### **Abstract**

The invention relates to a myopia prophylactic and therapy appliance, which includes a suction head and a handle. The end of the suction head is in the form of a round flat opening. A blowhole is set on the wall of the handle. During the course of using the appliance, first, put the suction head snugly on the eyeball in order to vent the air of the suction head. Then, negative pressure is produced in the suction head by nipping the blowhole. When a hand grasps, or nips, the blowhole, a negative air pressure is produced. The handle is then pushed and pulled resulting in the suction head tip attracting the eyelid and eyeball and causing same to move back and forth. The suction head sucks the eyelid and the eyeball, and moves forward and backward by pulling forward and pushing backward the handle. Because the eyeballs are controlled by 6 extraoculars, when they are pulled and pushed, there will be a little distortion of the eyeballs. With this distortion, there will be a strong massage to the ciliary muscle. So the ciliary muscle will relax and get back to regulate normally. Then the eyes will relieve, so the utility model is convenient and effective.